



The ‘Waking the Dragon’ Boat Program

is a floating and lively support space for women & their supporters who’ve lived with breast cancer. Sharing in the ‘knowing’ of walking a similar path, women & supporters who paddle together build new personal resources for living well. Moving through water in a massive vessel and the rhythm of paddling together is an experience when shared with others that generates magical vitality. All are welcome! No experience required — just a willingness to try something different. All seasons program — training and socializing occur throughout the year.

For details contact;
Breast Cancer Prevention & Community
Research Group

phone: 905-687-3333
email: wakingthedragon123@gmail.com.

